

Table T005-F

Mondays to Fridays

17 May to 10 December

London Liverpool Street - Ilford - Shenfield

Table with columns for Miles and various service codes (XR, LE, MO, MX, etc.) and rows for stations from London Liverpool Street to Shenfield.

Table with columns for service codes (XR, LE, etc.) and rows for stations from London Liverpool Street to Shenfield.

Table with columns for service codes (XR, LE, etc.) and rows for stations from London Liverpool Street to Shenfield.

Table with columns for service codes (XR, LE, etc.) and rows for stations from London Liverpool Street to Shenfield.

- A From London Liverpool Street
B To Southend Victoria
C To Clacton-on-Sea
D until 10 September. To Harwich International
E until 10 September. To Ipswich
F from 13 September. To Ipswich
G until 10 September. To Southend Victoria
H until 10 September. To Clacton-on-Sea
I until 10 September. To Colchester Town
J from 13 September. To London Liverpool Street
K from 13 September. To Colchester Town
L from 13 September. To Southend Victoria

Table T005-F

Mondays to Fridays

17 May to 10 December

London Liverpool Street - Ilford - Shenfield

Table with 20 columns (LE, XR, XR, XR, XR, XR, XR, LE, XR, XR, XR, XR, LE, LE, XR, XR, XR, XR, LE, XR, XR, XR) and 20 rows of station names and times.

Table with 19 columns (LE C, LE A, XR, XR, XR, XR, XR, XR, LE D, LE E, XR, XR, XR, XR, LE F, XR, XR, XR, XR, XR, XR, LE D, LE E, XR, XR) and 20 rows of station names and times.

Table with 19 columns (XR, LE C, LE A, XR) and 20 rows of station names and times.

Table with 20 columns (XR, LE, XR, XR) and 20 rows of station names and times.

A until 10 September. To Colchester Town
B To Southend Victoria
C from 13 September. To Colchester Town
D from 13 September. To Southend Victoria
E until 10 September. To Southend Victoria
F To Colchester Town
G until 10 September. To Ipswich

Table T005-F

Mondays to Fridays

17 May to 10 December

London Liverpool Street - Ilford - Shenfield

Table showing departure times for London Liverpool Street to Shenfield. Columns include station names, direction indicators (d for down, a for up), and time slots (LE, XR, A, B, C, D).

Table showing departure times for London Liverpool Street to Shenfield. Columns include station names, direction indicators (d for down, a for up), and time slots (XR, LE, C, A, E, D).

Table showing departure times for London Liverpool Street to Shenfield. Columns include station names, direction indicators (d for down, a for up), and time slots (XR, XR).

Saturdays

22 May to 11 December

Table showing departure times for London Liverpool Street to Shenfield on Saturdays. Columns include station names, direction indicators (d for down, a for up), and time slots (XR, XR, F, G, H, I).

A until 10 September. To Southend Victoria
B until 10 September. To Harwich International
C from 13 September. To Southend Victoria

D until 10 September. To Colchester Town
E from 13 September. To Colchester Town
F From London Liverpool Street

G To Southend Victoria
H To Ipswich
I To Harwich International

Table T005-F

**Saturdays**

22 May to 11 December

**London Liverpool Street - Ilford - Shenfield**

Table with 23 columns (LE A, XR, XR, LE B, XR, XR, XR, LE C, XR, XR, XR, XR, XR, XR, XR, XR, XR, XR, LE B, XR, XR, XR, LE C, XR, XR, XR, XR) and 23 rows. Includes station names: London Liverpool Street, Stratford, Maryland, Forest Gate, Manor Park, Ilford, Seven Kings, Goodmayes, Chadwell Heath, Romford, Gidea Park, Harold Wood, Brentwood, Shenfield.

Table with 23 columns (XR, XR, LE B, XR, XR, XR, LE C, XR, XR, XR, XR, XR, XR, XR, XR, XR, XR, LE B, XR, XR, XR, LE C, XR, XR, XR, XR) and 23 rows. Includes station names: London Liverpool Street, Stratford, Maryland, Forest Gate, Manor Park, Ilford, Seven Kings, Goodmayes, Chadwell Heath, Romford, Gidea Park, Harold Wood, Brentwood, Shenfield.

Table with 23 columns (LE XR, XR, XR, XR, LE, XR, XR, XR, XR, XR, XR, LE XR, XR, XR, XR, LE, XR, XR, XR, XR, XR, XR, LE XR) and 23 rows. Includes station names: London Liverpool Street, Stratford, Maryland, Forest Gate, Manor Park, Ilford, Seven Kings, Goodmayes, Chadwell Heath, Romford, Gidea Park, Harold Wood, Brentwood, Shenfield.

Table with 23 columns (XR, XR, XR, XR, XR, XR, XR, XR, LE, XR, XR, XR, XR, XR, XR, XR, XR, XR, XR, XR, XR, XR, XR, XR, XR) and 23 rows. Includes station names: London Liverpool Street, Stratford, Maryland, Forest Gate, Manor Park, Ilford, Seven Kings, Goodmayes, Chadwell Heath, Romford, Gidea Park, Harold Wood, Brentwood, Shenfield.

A until 11 September. To Ipswich
B To Southend Victoria
C To Colchester Town
D from 18 September. To Colchester Town

Table T005-F

Sundays

16 May to 5 December

London Liverpool Street - Ilford - Shenfield

	XR A	XR A	XR A	XR A	LE B		XR	XR	LE B	XR	XR	LE C	XR	XR	LE B	XR	XR	LE B	XR	LE D	XR	LE B	XR	
London Liverpool Street 15																								
Stratford 7																								
Maryland																								
Forest Gate																								
Manor Park																								
Ilford 2																								
Seven Kings																								
Goodmayes																								
Chadwell Heath																								
Romford																								
Gidea Park 2																								
Harold Wood																								
Brentwood																								
Shenfield 3																								

	XR		LE	XR	XR	XR	LE	XR	XR	LE	XR		XR	LE	XR	XR	LE	XR	XR	LE	XR		XR	LE	
London Liverpool Street 15																									
Stratford 7																									
Maryland																									
Forest Gate																									
Manor Park																									
Ilford 2																									
Seven Kings																									
Goodmayes																									
Chadwell Heath																									
Romford																									
Gidea Park 2																									
Harold Wood																									
Brentwood																									
Shenfield 3																									

	XR	XR	XR	LE	XR	XR	XR	XR	LE	XR		XR	XR	XR	LE	XR	XR	XR	XR	LE	XR		XR	
London Liverpool Street 15																								
Stratford 7																								
Maryland																								
Forest Gate																								
Manor Park																								
Ilford 2																								
Seven Kings																								
Goodmayes																								
Chadwell Heath																								
Romford																								
Gidea Park 2																								
Harold Wood																								
Brentwood																								
Shenfield 3																								

	XR	LE	XR	XR	LE	XR	XR	LE	XR		XR	LE	XR		XR	LE	XR	XR	LE	XR		XR	
London Liverpool Street 15																							
Stratford 7																							
Maryland																							
Forest Gate																							
Manor Park																							
Ilford 2																							
Seven Kings																							
Goodmayes																							
Chadwell Heath																							
Romford																							
Gidea Park 2																							
Harold Wood																							
Brentwood																							
Shenfield 3																							

A not 16 May. From London Liverpool Street  
 B To Southend Victoria  
 C To Harwich International  
 D To Ipswich

Table T005-R

Mondays to Fridays

17 May to 10 December

Shenfield - Ilford - London Liverpool Street

Table with 20 columns (Miles, XR, XR MX A, XR MO A, XR A, XR, XR, XR, XR, XR, XR, LE B, LE C, XR, XR, XR, XR, XR, XR, XR, XR, XR, XR) and 20 rows (0 Shenfield, 2 Brentwood, 5% Harold Wood, 6% Gidea Park, 7% Romford, 10% Chadwell Heath, 11 Goodmayes, 11% Seven Kings, 12% Ilford, 14 Manor Park, 15 Forest Gate, 15% Maryland, 16% Stratford, 20% London Liverpool Street).

Table with 20 columns (XR, XR) and 20 rows (Shenfield, Brentwood, Harold Wood, Gidea Park, Romford, Chadwell Heath, Goodmayes, Seven Kings, Ilford, Manor Park, Forest Gate, Maryland, Stratford, London Liverpool Street).

Table with 20 columns (XR, XR, XR, LE D, XR, XR, XR, XR, XR, XR, XR, XR, XR, XR, XR, LE E, LE F, XR, XR, XR, XR, XR, XR, LE G, XR) and 20 rows (Shenfield, Brentwood, Harold Wood, Gidea Park, Romford, Chadwell Heath, Goodmayes, Seven Kings, Ilford, Manor Park, Forest Gate, Maryland, Stratford, London Liverpool Street).

Table with 20 columns (XR, XR, LE, LE, XR, XR, XR, XR, XR, XR, LE, LE, XR, XR, XR, LE, LE, XR, XR, XR, XR, XR, XR, LE) and 20 rows (Shenfield, Brentwood, Harold Wood, Gidea Park, Romford, Chadwell Heath, Goodmayes, Seven Kings, Ilford, Manor Park, Forest Gate, Maryland, Stratford, London Liverpool Street).

Table with 20 columns (LE, XR, XR, XR, LE, LE, XR, XR, XR, XR, XR, XR, LE, LE, XR, XR, XR, LE, LE, XR, XR, XR, XR) and 20 rows (Shenfield, Brentwood, Harold Wood, Gidea Park, Romford, Chadwell Heath, Goodmayes, Seven Kings, Ilford, Manor Park, Forest Gate, Maryland, Stratford, London Liverpool Street).

- A From Shenfield
B until 10 September. From Colchester
C from 13 September. From Colchester
D from 13 September. From Southend Victoria
E until 10 September. From Southend Victoria
F from 13 September. From London Liverpool Street
G until 10 September. From Colchester Town
H from 13 September. From Colchester Town



Table T005-R

Mondays to Fridays

17 May to 10 December

Shenfield - Ilford - London Liverpool Street

Table with 18 columns and 16 rows showing departure times for stations: Shenfield, Brentwood, Harold Wood, Gidea Park, Romford, Chadwell Heath, Goodmayes, Seven Kings, Ilford, Manor Park, Forest Gate, Maryland, Stratford, and London Liverpool Street.

Saturdays

22 May to 11 December

Table with 25 columns and 16 rows showing departure times for stations: Shenfield, Brentwood, Harold Wood, Gidea Park, Romford, Chadwell Heath, Goodmayes, Seven Kings, Ilford, Manor Park, Forest Gate, Maryland, Stratford, and London Liverpool Street.

Table with 25 columns and 16 rows showing departure times for stations: Shenfield, Brentwood, Harold Wood, Gidea Park, Romford, Chadwell Heath, Goodmayes, Seven Kings, Ilford, Manor Park, Forest Gate, Maryland, Stratford, and London Liverpool Street.

Table with 25 columns and 16 rows showing departure times for stations: Shenfield, Brentwood, Harold Wood, Gidea Park, Romford, Chadwell Heath, Goodmayes, Seven Kings, Ilford, Manor Park, Forest Gate, Maryland, Stratford, and London Liverpool Street.

Table with 25 columns and 16 rows showing departure times for stations: Shenfield, Brentwood, Harold Wood, Gidea Park, Romford, Chadwell Heath, Goodmayes, Seven Kings, Ilford, Manor Park, Forest Gate, Maryland, Stratford, and London Liverpool Street.

A From Shenfield B From Colchester C From Southend Victoria D until 11 September. From Colchester E until 11 September. From Southend Victoria F From Colchester Town G From Harwich International H until 11 September. From Colchester Town I from 18 September. From Colchester Town



Table T005-R

Saturdays

22 May to 11 December

Shenfield - Ilford - London Liverpool Street

Table with columns for stations (Shenfield, Brentwood, Harold Wood, Gidea Park, Romford, Chadwell Heath, Goodmayes, Seven Kings, Ilford, Manor Park, Forest Gate, Maryland, Stratford, London Liverpool Street) and columns for train types (XR, LE, etc.) and times.

Table with columns for stations and train types (XR, LE, etc.) and times, continuing from the previous table.

Table with columns for stations and train types (XR, LE, etc.) and times, continuing from the previous table.

Sundays

16 May to 5 December

Table with columns for stations and train types (XR, LE, etc.) and times, including a note 'and every 15 minutes until'.

Table with columns for stations and train types (XR, LE, etc.) and times, continuing from the previous table.

A until 11 September. From Colchester Town
B from 18 September. From Colchester Town
C From Southend Victoria
D From Colchester Town
E From Ipswich
F From Southminster
G not 16 May. From Shenfield
H From Chelmsford
I From Colchester

Table T005-R

**Sundays**

16 May to 5 December

**Shenfield - Ilford - London Liverpool Street**

	XR		XR	XR	XR	LE ◇ A	XR	XR	XR	XR	XR	LE ◇ A	XR		XR	XR	LE ◇ A	XR	XR	LE ◇ A	XR	XR	LE ◇ A	
Shenfield	d		20 11		20 26	20 27		20 41		20 56	20 57				21 11	21 26	21 27	21 41	21 56	21 57	22 11	22 26	22 27	
Brentwood	d		20 15		20 30		20 45		21 00						21 15	21 30		21 45	22 00		22 15	22 30		
Harold Wood	d		20 19		20 34		20 49		21 04						21 19	21 34		21 49	22 04		22 19	22 34		
Gidea Park	d	12 14	20 22	20 29	20 37		20 44	20 52	20 59	21 07		21 14			21 22	21 37		21 52	22 07		22 22	22 37		
Romford	d	12 17	20 25	20 32	20 40	20 35	20 47	20 55	21 02	21 10	21 05	21 17			21 25	21 40	21 35	21 55	22 10	22 05	22 25	22 40	22 35	
Chadwell Heath	d	12 20	20 28	20 35	20 43		20 50	20 58	21 05	21 13		21 20			21 28	21 43		21 58	22 13		22 28	22 43		
Goodmayes	d	12 22	20 30	20 37	20 45		20 52	21 00	21 07	21 15		21 22			21 30	21 45		22 00	22 15		22 30	22 45		
Seven Kings	d	12 24	20 32	20 39	20 47		20 54	21 02	21 09	21 17		21 24			21 32	21 47		22 02	22 17		22 32	22 47		
Ilford	d	12 28	20 36	20 43	20 51		20 58	21 06	21 13	21 21		21 28			21 36	21 51		22 06	22 21		22 36	22 51		
Manor Park	d	12 30	20 38	20 45	20 53		21 00	21 08	21 15	21 23		21 30			21 38	21 53		22 08	22 23		22 38	22 53		
Forest Gate	d	12 33	20 41	20 48	20 56		21 03	21 11	21 18	21 26		21 33			21 41	21 56		22 11	22 26		22 41	22 56		
Maryland	d	12 35	20 43	20 50	20 58		21 05	21 13	21 20	21 28		21 35			21 43	21 58		22 13	22 28		22 43	22 58		
Stratford	d	12 38	20 46	20 53	21 01	20 45	21 08	21 16	21 23	21 31	21 15	21 38			21 46	22 01	21 45	22 16	22 31	22 15	22 46	23 01	22 45	
London Liverpool Street	a	12 46	20 54	21 01	21 09	20 53	21 16	21 24	21 31	21 39	21 23	21 46			21 54	22 09	21 53	22 24	22 39	22 23	22 54	23 09	22 53	

	XR	XR	LE A	XR	XR	LE A	XR	XR																
Shenfield	d	22 41	22 56	22 57	23 11	23 26	23 27	23 41	23 56															
Brentwood	d	22 45	23 00		23 15	23 30		23 45	23 59															
Harold Wood	d	22 49	23 04		23 19	23 34		23 49	00 04															
Gidea Park	d	22 52	23 07		23 22	23 37		23 52	00 07															
Romford	d	22 55	23 10	23 05	23 25	23 40	23 35	23 55	00 10															
Chadwell Heath	d	22 58	23 13		23 28	23 43		23 58	00 13															
Goodmayes	d	23 00	23 15		23 30	23 45		23 59	00 15															
Seven Kings	d	23 02	23 17		23 32	23 47		00 02	00 17															
Ilford	d	23 06	23 21		23 36	23 51		00 06	00 21															
Manor Park	d	23 08	23 23		23 38	23 53		00 08	00 23															
Forest Gate	d	23 11	23 26		23 41	23 56		00 11	00 26															
Maryland	d	23 13	23 28		23 43	23 58		00 13	00 28															
Stratford	d	23 16	23 31	23 15	23 46	00 01	23 45	00 16	00 31															
London Liverpool Street	a	23 24	23 39	23 23	23 54	00 09	23 53	00 24	00 39															

A From Southend Victoria